

# KITCHEN CLEANING

## *checklist*

### DAILY

- Wash ALL dishes.
- Wipe out and clean the sink.
- Empty dishwasher.
- Wipe and sanitize countertops.
- Clean microwave inside/out.
- Wipe down the stovetop/burners.
- Sweep floor/damp mop spills.
- Tidy up stray items and put everything in its place.

### MONTHLY

- Clean cabinet doors and drawers.
- Clean/review the pantry
- Clean/ review fridge shelves and door
- Dust the tops of the cabinets and fridge
- Clean and sanitize trash/recycling bins.
- Clean dishwasher.
- Wash kitchen rugs.
- Dust light fixtures.

### WEEKLY

- Review/remove leftovers
- Clean outside of appliances (stove/hood/fridge/etc)
- Disinfect sink and faucets.
- Sanitize sponges in microwave
- Launder dish towels
- Deep clean the sink.
- Spot clean cabinets
- Clean garbage disposal

### SEASONAL

- Clean drawer dividers or organizers
- Deep clean refrigerator
- Clean under the refrigerator
- Organize cooking tools
- Organize pots/pans
- Organize storage containers/tops
- Clean walls & baseboards
- Check expiration dates food/spices

